



## Decision of the Scientific Research Ethics Committee

no. 3698 of 27.03.2025

The Scientific Research Ethics Committee within the George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Târgu Mureș evaluated from the perspective of observing the ethical norms of scientific research the study proposal entitled

### **“Dietary Patterns and Mental Health: Analysing the Correlation Between Nutrition, Fasting and Depression in Students”**

Addressed to the Commission on 11.03.2025 by **Mr. English Jacob** position Student, at UMFST G.E. Palade Tg. Mureș.

Following the evaluation of the documents submitted, the Committee decides:

#### **a) the approval of the study;**

The approval is valid only under the conditions described in the study proposal submitted to the Committee, for a maximum period of 12 months. For multiannual projects/studies shall be submit a request for an extension, including a detailed report of the study progress.

President of Scientific Research Ethics Committee

Conf.univ.dr. Orbán-Kis Károly

