



Naomi-Adina Macaru

● ABOUT MYSELF

I am a dedicated and highly skilled gastroenterology specialist with a strong academic background and extensive professional experience in both clinical and research settings. Currently working as a Specialist Doctor and University Assistant, I am passionate about advancing medical knowledge, particularly in the fields of metabolic diseases and gastrointestinal health. My education includes a PhD in progress with dual enrollment in Romania and Italy, emphasizing cross-disciplinary collaboration and scientific excellence.

Beyond my technical expertise, I am recognized for my organizational abilities, commitment to continuous learning, and effective communication skills. I have presented at international conferences, authored several publications, and actively contributed to volunteer initiatives aimed at promoting healthcare awareness. My ambition is to combine clinical practice with innovative research to improve patient outcomes and contribute to the medical community's development.

● WORK EXPERIENCE

01/07/2024 – CURRENT Targu Mures, Romania

SPECIALIST DOCTOR IN GASTROENTEROLOGY COUNTY EMERGENCY CLINICAL HOSPITAL

14/02/2022 – CURRENT Targu Mures, Romania

UNIVERSITY TEACHING ASSISTANT IN THE MEDICAL I DISCIPLINE UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE AND TECHNOLOGY „GEORGE EMIL PALADE”

01/01/2019 – 31/12/2023 Targu Mures, Romania

RESIDENT DOCTOR IN GASTROENTEROLOGY COUNTY EMERGENCY CLINICAL HOSPITAL

● EDUCATION AND TRAINING

06/2024 – 06/2024 Cluj-Napoca, Romania

DIPLOMA FOR THE INTERNATIONAL ULTRASOUND COURSE

04/2024 – 04/2024 Cluj-Napoca, Romania

DIPLOMA FOR ELASTOGRAPHY AND FIBROSCAN COURSE

05/2024 – 06/2024 Bucharest, Romania

THREE-MODULE COURSE - INTESTINAL MICROBIOME

06/06/2023 – 07/06/2023 Iasi, Romania

PHD TRAINING COURSE - TRAIN THE TRAINERS TEASER

01/10/2020 – CURRENT Targu Mures, Romania

PHD STUDENT University of Medicine, Pharmacy, Science and Technology „George Emil Palade”

Website <https://umfst.ro/> | **Field of study** Medicine - Gastroenterology |

Thesis Clinical implications of altered intestinal permeability in patients with non-alcoholic fatty liver disease and metabolic syndrome

01/11/2021 – CURRENT Bari, Italy
PHD STUDENT University of Bari

Website <https://www.uniba.it/en>

01/10/2021 – 30/11/2021 Bari, Italy
ERASMUS DOCTORAL RESEARCH INTERNSHIP University of Bari

Website <https://www.uniba.it/en>

01/10/2019 – 08/09/2020 Targu Mures, Romania
MASTER'S DEGREE IN SCIENTIFIC RESEARCH University of Medicine, Pharmacy, Science and Technology „George Emil Palade”

Website <https://umfst.ro/>

01/10/2019 – 28/02/2020 Targu Mures, Romania
POSTGRADUATE COURSE PSYCHOPEDAGOGY LEVEL I Department of Training of Teaching Staff UMFST "George Palade"

Website <https://umfst.ro/>

01/10/2012 – 30/09/2018 Iasi, Romania
BACHELOR'S DEGREE University of Medicine and Pharmacy "Gr. T. Popa"

01/06/2012 – 01/09/2012 Bacau, Romania
CERTIFICATE OF COMPETENCE IN MUSIC - PIANO SPECIALIZATION

01/09/2008 – 01/06/2012 Bacau, Romania
HIGHSCHOOL National College of Art "George Apostu"

● **CONFERENCES & SEMINARS**

06/07/2024 – 07/07/2024 Ramnicu Valcea, Romania
"Young Researchers" - Gastroenterology Summer School

Honorable Mention Award

06/2024 – 06/2024 Cluj-Napoca, Romania
National Gastroenterology Congress

06/07/2023 – 08/07/2023 Ramnicu Valcea, Romania
National Summer School of Gastroenterology and Endoscopy - Ultrasound Workshop

07/06/2023 – 10/06/2023 Iasi, Romania
National Gastroenterology and Hepatology Congress

09/03/2023 – 11/03/2023 Cluj-Napoca, Romania
The Romanian - Italian Gastroenterology Meeting

17/12/2022 – 17/12/2022 University of Medicine, Pharmacy, Science and Technology „George Emil Palade” - Targu Mures,Romania
International Conference PhD Students and Young Doctors

08/10/2022 – 11/10/2022 Vienna, Austria
UEG Vienna 2022

22/09/2022 – 24/09/2022 Cluj - Napoca, Romania
Digestive Endoscopy

30/06/2022 – 03/07/2022 Bucharest, Romania
National Congress of Gastroenterology, Hepatology and Digestive Endoscopy

06/06/2020 – 08/06/2020 Romania

Summer School of Gastroenterology, Romanian Society of Gastroenterology and Hepatology

04/09/2019 – 07/09/2019 Romania

Certificate of Attendace - Romanian Society of Gastroenterology and Hepatology

06/06/2019 – 08/06/2019 Bucharest, Romania

National Congress of Gastroenterology, Hepatology and Digestive Endoscopy

09/05/2019 – 09/05/2019 Romania

"Clinical-ecographic examination in medical practice in the specialized office/POCUS" - Romanian Society of Ultrasonography in Medicine and Biology

05/04/2019 – 06/04/2019

"From theory to practice in liver disease" - Romanian Society of Ultrasonography in Medicine and Biology

07/05/2015 – 10/05/2015 Romania

Certificate of attendace - The National Congress of the Romanian Pathophysiology Society with internal, Romanian Physiology Society (SRF)

25/03/2015 – 25/03/2015 Iasi, Romania

Presentation of the scientific paper - "Autoimmune hepatitis" at the Medical Semiotics Circle

24/03/2015 – 24/03/2015 University of Medicine and Pharmacy "Gr. T. Popa", Iasi

"Update in Reability" - Participant

09/11/2014 – 15/11/2024 Bucharest, Romania

Transmed Program - Participant in exchange with University of Medicine and Pharmacy "Carol Davila", Bucharest

23/09/2014 – 28/09/2014 Iasi, Romania

"Health and Non-Discrimination" - Certificate of participation in the national seminar organized by Association for Development and Social Inclusion (ADIS)

● PUBLICATIONS

2024

"Exploring Zonulin Protein as a Non-Invasive Biomarker in Metabolic Dysfunction Associated with Non-Alcoholic Fatty Liver Disease: Results from an Observational-Prospective Study"

Oral presentation at the Young Researchers Session at SNGVH Râmnicu Vâlcea, where I also received an award for the presentation.

Naomi Ciurea, Simona Bataga

2024

"The correlation between FibroMax and the progression of hepatic steatosis in patients with metabolic syndrome: a prospective analysis"

E-poster at Romanian-German Gastroenterology Symposium, Bucharest

Naomi Ciurea

2024

"The impact of intestinal permeability on the development and progression of MASLD"

Published in Journal Of Gastrointestinal and Liver Diseases

Naomi Ciurea, Simona Bataga

2024

"Evolution of inflammatory bowel disease under biological treatment"

Published in Marisiensis, University of Medicine, Pharmacy, Science and Technology „George Emil Palade” - Targu Mures

Melissa Zapartan, Simona Bataga, Naomi Ciurea (Macaru)

2024

"Evaluating the efficacy of esophageal varices therapy in alcoholic hepatic cirrhosis. Experience from a tertiary gastroenterology center"

Published in Marisiensis, University of Medicine, Pharmacy, Science and Technology „George Emil Palade” - Targu Mures

Adela Maria-Lazin, Naomi-Adina Macaru, Simona Bataga

2023

"The implications of dysbiosis in the tiopathogenesis of non-alcoholic fatty liver disease"

Published in Book of Abstracts Scientific Session of University Academic Staff. ISSN 2734-8199, ISSN-L 2602-1609

Naomi Macaru, Simona Bataga

2022

"Management of hemochromatosis in a patient with nonspecific clinical symptoms - case report"

Published in Marisiensis, University of Medicine, Pharmacy, Science and Technology „George Emil Palade” - Targu Mures

Naomi Macaru, Iustina Mihalea Pintilie

2021

"Incidence of preneoplastic and gastric neoplastic lesions in a tertiary gastroenterology center"

Published in J Gastro Liv Dis, Vol. 30, Suppl 1; ISSN 1841-8742, FI; 2,008. The 40th National Congress of Gastroenterology, Hepatology and Digestive Endoscopy.

Naomi-Adina Macaru, Ancuta Vlasiu, Simona Bataga

2021

"Microbiota and fatty liver"

Published in Medical Life, Gastroenterology ISBN 978-606-94854-7-7

Naomi-Adina Macaru, Simona Bataga

2019

"Type 1 Diabetes and the Implications of Intestinal Microbiota Alteration"

Published in Its Etiopathology. Acta Medica Marisiensis, volume 65, Supplement 17, page 11. ISSN 2068-3324. ISSN online: 2247-6113.

Naomi-Adina Macaru

2015

"Comorbidities associated with total atrioventricular block"

Published in Abstract Volume - Classic and Modern Physiology. ISBN 978-606-544-311-2.

Naomi-Adina Macaru, Elena-Catalina Cristea, Magda Badescu, Maria Apavaloaie

● LANGUAGE SKILLS

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2
GERMAN	A2	A2	A2	A2	A2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication

Sincere communication, openness, well-developed organizational spirit developed over the years through involvement in numerous volunteer projects as project coordinator during university (NEWSTART, Education for healthy eating).

Perseverance

Punctuality

Ambitiousness

● **DIGITAL SKILLS**

Microsoft Office | Microsoft Excel | Microsoft PowerPoint

● **DRIVING LICENCE**

Driving Licence: B

● **VOLUNTEERING**

27/06/2016 – 21/07/2016 Philippines

Medical Project

25/02/2013 – 28/04/2013 Iasi, Romania

"Junior Health Officers"

A national project organized from Iași Medical Students' Society.

10/12/2012 – 14/12/2012 Iasi

"HPV and Cervical Cancer"

Volunteer in this project organized from Iași Medical Students' Society (SSMI).

14/11/2012 – 14/11/2012 Iasi

"World Diabetes Day"

Volunteer in this project organized from Iași Medical Students' Society (SSMI).

29/10/2012 – 11/11/2012 Iasi

"Education for healthy eating"

Volunteer in this project organized from Iași Medical Students' Society (SSMI).