

## LISTA DE LUCRĂRI

### Cadru didactic Dr. FLORIN MIRON

- a) **Teza de doctorat:** Beneficiile exercițiilor fizice desfășurate în mediul acvatic la copiii de 10-11 ani practicanți ai tenisului, susținută public în 18.03.2024, conducător științific: conf. univ. dr. Dan Monea, Universitatea Babeș Bolyai din Cluj-Napoca, calificativ: bine.

#### b) Articole publicate in extenso

1. **Florin Miron**, Horea Ștefănescu - Optimizing the coordination skills of 12-year-old tennis players by using unconventional (adapted) training methods. *Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae*, 2018, 63(4), pp. 65–77. ISSN (PRINT): 1453-4223, ISSN (ONLINE): 2065-9547  
[http://www.studia.ubbcluj.ro/download/pdf/educatio/2018\\_4/07.pdf](http://www.studia.ubbcluj.ro/download/pdf/educatio/2018_4/07.pdf)

Indexare:

CrossRef – extenso [https://doi.org/10.24193/subbeag.63\(4\).35](https://doi.org/10.24193/subbeag.63(4).35)

Ebsco – abstract

[https://openurl.ebsco.com/EPDB%3Agcd%3A13%3A9223965/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A135221678&crl=c&link\\_origin=www.google.com](https://openurl.ebsco.com/EPDB%3Agcd%3A13%3A9223965/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A135221678&crl=c&link_origin=www.google.com)

2. **Florin Miron**, Dan Monea, Horea Ștefănescu - The Influence of Physical Exercises Carried Out in the Aquatic Environment on Physiological Parameters for 10 – 12 Year Tennis Players. *Gymnasium - Scientific Journal of Education, Sports, and Health*, 2024, VOL. XXV, ISSUE 1, pp. 124-134. ISSN 1453-0202.  
<https://pdfs.semanticscholar.org/9254/324e89fb0539702708556805199bb914ebab.pdf>

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CrossRef – extenso <https://doi.org/10.29081/gsjesh.2024.25.1.09>

ErihPlus – abstract -

<https://erihplus.hkdir.no/sok?input=G+Y+M+N+A+S+I+U+M+Scientific+Journal+of+Education%2C+Sports%2C+and+Health>

3. **Florin Miron**, Dan Monea, Horea Ștefănescu - Effort capacity and movement speed development using aquatic exercise in tennis players. *Annals of University of Oradea Department of Physical Education and Sports*. Rev. noXXXIII, 2023, Article no. 43104, pp.31-41, ISSN 2286-2870, E-ISSN 1224-5100  
[http://www.fefsoradea.ro/Fascicula\\_Educatie\\_Fizica\\_si\\_Sport/index.html](http://www.fefsoradea.ro/Fascicula_Educatie_Fizica_si_Sport/index.html).

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Erih Plus <https://erihplus.hkdir.no/journal?id=489125>

4. **Florin Miron**, Dan Monea, Horea Ștefănescu - Muscle strength accumulation and its transfer to tennis game in children and juniors using an aquatic training program. *Annals of University of Oradea Department of Physical Education and Sports*, 2023, Rev. noXXXIII, Article no. 53105-881, pp.42-53, ISSN 2286-2870, E-ISSN 1224-5100.  
[http://www.fefsoradea.ro/Fascicula\\_Educatie\\_Fizica\\_si\\_Sport/index](http://www.fefsoradea.ro/Fascicula_Educatie_Fizica_si_Sport/index).

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