



## Gabriela Mihai

**Date of birth:**      **Nationality:** Romanian, Hungarian      **Phone number:**

**Address:** Barts & The London School Of Medicine & Dentistry, Charterhouse Square, EC1M 6BQ, London, United Kingdom (Work)

### WORK EXPERIENCE

24/10/2022 – CURRENT London, United Kingdom

**CLINICAL TEACHING FELLOW** QUEEN MARY UNIVERSITY OF LONDON, WILLIAM HARVEY RESEARCH INSTITUTE

- To carry out the duties necessary to maintain and develop the successful postgraduate programmes in Endocrinology and Diabetes under the supervision of Prof Maralyn Druce
- Development of novel learning materials
- Preparation and updating of course materials
- Delivery of teaching including lectures, tutorials and moderation of discussion boards
- Participation in assessment including setting and marking coursework / examinations
- Faculty liaison and planning
- Student communication

11/2022 – CURRENT London

**HONORARY CLINICAL FELLOW** BARTS NHS TRUST

Clinical duties including assessing patients and assisting with the clinical management of patients under the care of the department under the supervision of Prof Maralyn Druce

30/09/2017 – CURRENT Romania

**PHD STUDENT** UNIVERSITY OF MEDICINE AND PHARMACY OF TARGU MURES

15/09/2020 – 30/08/2021 Targu Mures and Morareni, Romania

**CONSULTANT IN ENDOCRINOLOGY** VIVA MED CLINIC

- management of patients (mostly adults but children as well) with endocrine disorders in out-patient clinic
- Thyroid ultrasound and management of thyroid nodules
- Screening for osteoporosis
- Increasing awareness for osteoporosis especially in the countryside (Morareni Viva Med Clinic) among postmenopausal women and elderly men

31/12/2015 – 10/02/2020 Targu Mures, Romania

**ENDOCRINOLOGY TRAINEE** ENDOCRINOLOGY DEPARTMENT, MUREȘ CLINICAL COUNTY HOSPITAL

My activities as a medical intern in the endocrine unit were supervised by Prof Ionela Maria Pașcanu. As a medical intern I worked for:

- 2 years in the endocrine unit
- 1 year in the diabetes and metabolic diseases unit
- 1 year in the internal medicine department ( which included rotations in cardiology, nephrology, gastroenterology, neurology)

30/09/2017 – 2021 Targu Mures

**TEACHING ACTIVITIES (ENDOCRINOLOGY)** UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE AND TECHNOLOGY OF TÂRGU MUREȘ

My activities involved case presentations for 4th-year medical students ( including the English speaking students). Along with Prof. Pascanu I was a supervisor for undergraduate students for bachelor thesis and case presentations at various student scientific conferences. Until now I was a mentor for four students (2019, 2020,2022).

## ● EDUCATION AND TRAINING

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22/07/2022 – 01/09/2022

**CLINICAL ATTACHMENT** NINEWELLS HOSPITAL, ENDOCRINOLOGY AND DIABETES (PROF. GRAHAM LEESE)

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19/09/2021 – 19/12/2021 London, United Kingdom

**VISITING CLINICAL FELLOW (POSTGRADUATE ERASMUS INTERNSHIP)** William Harvey Research Institute, Queen Mary University of London

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I was a visiting clinical fellow at the William Harvey Research Institute, London with Prof. Marta Korbonits. I took part every week in research lab meetings where her team members were presenting complex research ideas. I had the chance to attend some of her lectures on the genetics of pituitary tumours. Furthermore, I got familiarised with several rare diseases like ( familial isolated pituitary tumours, multiple endocrine neoplasia type 1) and with laboratory techniques (DNA extraction).

**Field of study** genetics of pituitary tumors

10/2020 – 05/2021

**TRAINING GUIDE FOR ADVANCED HIGH-SPECIALIZED INTERVENTION IN ONCOGENETICS** Jean Perrin Center (France) and Grigore T. Popa University of Medicine and Pharmacy Iasi (Romania)

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I have been selected as one of the participants for the online oncogenetics course, Ref no: 2018-1-RO01-KA202-049189

07/04/2020

**ENDOCRINOLOGIST, SPECIALIST MD** issued by the Romanian Ministry of Health

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30/06/2019 – 31/08/2019

**VISITING CLINICAL FELLOW (POSTGRADUATE ERASMUS INTERNSHIP)** WHO Collaborating Center for Public Health, Division of Public Health, University of Liège, Belgium

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My activities here were supervised by Prof Dr Olivier Bruyere.

**Field of study** Public Health

09/09/2015

**BACHELOR OF MEDICINE** University of Medicine, Pharmacy, Science and Technology of Târgu Mureș (Romania)

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**Thesis** Anti Ro/SSA 52 antibodies in autoimmune diseases, under the supervision of Dr. Copotoiu Monica

30/06/2013 – 30/09/2013 Erlangen, Germany

**VISITING MEDICAL STUDENT (UNDERGRADUATE ERASMUS INTERNSHIP)** Friedrich–Alexander University Erlangen–Nürnberg, Department of Genetics

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During this programme I gained basic knowledge under the supervision of Prof. Nimmmerjahn Falk about recent techniques in immunology research, and about the current understanding of autoimmune diseases and their clinical manifestations.

## ● LANGUAGE SKILLS

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Mother tongue(s): **ROMANIAN**

Other language(s):

|                  | UNDERSTANDING |         | SPEAKING          |                    | WRITING |
|------------------|---------------|---------|-------------------|--------------------|---------|
|                  | Listening     | Reading | Spoken production | Spoken interaction |         |
| <b>HUNGARIAN</b> | B1            | B1      | B2                | B2                 | B1      |
| <b>ENGLISH</b>   | C1            | C1      | C1                | C1                 | C1      |

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● ADDITIONAL INFORMATION

### HONOURS AND AWARDS

21/06/2019

**First Prize for the best oral communication – National Congress of Endocrinology, Bucharest** for the following work: Relationship between adipokines and bone mineral density in patients with primary osteoporosis.

19/06/2017

**Special Prize – National Congress of Endocrinology, Braşov, 2017** the poster presentation at “SarQoL – Sarcopenia quality of life questionnaire – development of the Romanian version”

20/04/2015

**First Prize – International Scientific Congress for Students, Young Physicians and Pharmacists** oral communication with the following title: “Anti Ro/SSA 52 antibodies in autoimmune diseases”

### CONFERENCES AND SEMINARS

20/11/2023 – 22/11/2023 – Annecy, France

**EuroPit workshop organized by ESE** I have been selected as a participant to attend this event

13/11/2023 – 15/11/2023 – Glasgow

**Society for Endocrinology BES 2023**

30/05/2022 – 03/06/2022 – Marstrand, Sweden

**Postgraduate Course, GH and Growth Factors, Metabolic Disorders**

09/2021 – London

**Novo Nordisk South London Endocrine Update (SLEU: Pituitary Disorders)**

07/10/2020 – 09/10/2020 – online

**Young Endocrinologists Section, National Congress of Endocrinology** active participant with the oral communication" Evaluating Sarcopenia in Postmenopausal Osteoporosis"

18/06/2019 – 21/06/2019 – Bucharest

**National Congress of Endocrinology** Active participation, oral communication-Relationship between adipokines and bone mineral density in patients with primary osteoporosis

28/04/2019 – 29/04/2019 – Targu Mures

**Osteoporosis Essentials of Densitometry, Diagnosis and Management** I was involved in the organizing team as the secretary of the event

12/12/2018 – 14/12/2018 – Busteni, Romania

**Osteoporosis Winter School, organized by the Romanian Endocrine Society**

10/07/2018 – 13/07/2018 – Cheile Gradistei

**Summer Paediatric Endocrine Workshop, organized by the Romanian Society of Endocrinology**

26/06/2018 – 29/06/2018 – Sibiu

**National Congress of Endocrinology**

18/04/2018 – 21/04/2018 – Krakow, Poland

**International Congress of Osteoporosis** Active participation, Poster section-"Validation of the Romanian SarQoL Questionnaire"

20/06/2017 – 23/06/2017 – Cluj-Napoca  
**National Congress of Endocrinology**

10/05/2017 – 12/05/2017 – Timisoara  
**The 4th National Congress of Diabetes, Nutrition and Paediatric Endocrine**

19/04/2017 – 21/04/2017 – Sofia, Bulgaria  
**4th European Association for the study of Diabetes, International Postgraduate Course**

22/03/2017 – 25/03/2017 – Florence, Italy  
**International Congress of Osteoporosis** Active participation with the poster "Discriminative Power or Romanian Version of SarQoL Questionnaire: Preliminary Results"

16/06/2016 – 19/06/2016 – Brasov  
**National Congress of Endocrinology** Active participation in the poster section"-SarQoL – Sarcopenia quality of life questionnaire – development of the Romanian version

## **PUBLICATIONS**

### **The relationship between serum oxytocin and measures of quality of life in hypopituitary patients – a cross sectional case control study**

– 2023

Presented at Society for Endocrinology BES 2023, Glasgow, UK. Endocrine Abstracts (2023) 94 P232 | DOI: 10.1530/endoabs.94.P232

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### **Gabriela Mihai, Márta Korbonits, Chapter 15 - Hypertension in growth hormone excess and deficiency**

– 2023

Chapter 15 - Hypertension in growth hormone excess and deficiency,  
Editor(s): Joseph M. Pappachan, Cornelius J. Fernandez,  
Endocrine Hypertension,  
Academic Press,  
2023,  
Pages 217-247,  
ISBN 9780323961202,  
<https://doi.org/10.1016/B978-0-323-96120-2.00017-0>.

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### **Mihai, G., Korbonits, M. Pituitary Disorders Affecting Linear Growth: Tall Stature. – 2022**

In: Samson, S.L., Ioachimescu, A.G. (eds) Pituitary Disorders throughout the Life Cycle. Springer, Cham.  
[https://doi.org/10.1007/978-3-030-99918-6\\_2](https://doi.org/10.1007/978-3-030-99918-6_2)

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### **Mihai, G., Gasparik, A. I., Pașcanu, I. M. et al. The influence of Vistafin, RBP-4 and insulin resistance on bone mineral density in women with treated primary osteoporosis.**

– 2019

Aging Clin Exp Res

### **Mihai, G., Pop, R. M., Pașcanu, M. I., Gasparik, A. I. Validation of the Romanian SarQoL Questionnaire**

– 2018

Osteoporosis International, Vol. supplement, April 2018, Krakow, Poland

### **Gasparik, A. I., Mihai, G., Beaudart, Ch., Olivier, B., Maria, P. I., et al. Psychometric performance of the Romanian version of the SarQoL®, a health-related quality of life questionnaire for sarcopenia.**

– 2017

Archives of Osteoporosis 12(1): 103

### **Mihai, G., Sucaliuc, C., Pașcanu, I. M., Gasparik, A. I. Discriminative Power or Romanian Version of SarQoL Questionnaire: Preliminary Results –.**

– 2017

Osteoporosis International, Vol. 28, Supplement 1, March 2017, Florence, Italy

Gasparik, A. I., Mihai, G., Maria, P. I. Romanian Translation and Cross-Cultural Adaptation of the SarQol Questionnaire

– 2016

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Acta Medica Marisiensis 2016;62(3):384-385

## **MEMBERSHIP IN ENDOCRINE SOCIETIES**

22/03/2022 – CURRENT

**Society for Endocrinology**

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28/07/2020 – CURRENT

**European Society of Endocrinology (ESE)**

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28/02/2019 – CURRENT

**Romanian Society of Endocrinology**

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30/04/2018 – CURRENT

**ESE Young Endocrinologist and Scientist (EYES)**

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## **REGISTRATION AND LICENSING**

21/02/2022 – CURRENT

**GMC registration (7809026)**

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29/03/2019 – CURRENT

**Colegiul Medicilor (C.U.I.M 1915030661)**

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