

Curriculum vitae



Gáspárik Andrea Ildikó, MD, PhD

Address

Telephone

E-mail

Work experience

Period	2013-ongoing
Occupation and position held	Associate Professor (from 2021)
Name of employer	UMFST GEP Tg Mures Public Health and Health Management
Period	2012-ongoing
Occupation and position held	President
Name of employer	ASPOR (Romanian Association for Osteoporosis Prevention)
Period	2010-2012
Occupation and position held	Medical director
Name of employer	Sighisoara County Hospital
Period	2005-2011 President
Occupation and position held	2000-2005 Executive director
Name of employer	ASPOR (Romanian Association for Osteoporosis Prevention)
Period	2008-2010
Occupation and position held	Marketing and Communication director
Name of employer	MBT Romania
Period	1998-2000 Marketing manager/ Product specialist
Occupation and position held	1995-1998 Product and sales representative
Name of employer	Eli Lilly & co
Period	1993-1995
Name of employer	Clinical Hospital Tg Mures



Education	2022 Health Economy – Postgraduate Development Program [HEALTHESIS] 2015 Specialist in Public Health and Health Management 2013 PhD in medicine, UMF Tg Mures 2012 Profex-UMF medical english B2 combined 2011 Hospital Management / Școala Națională de Sănătate Publică, Management și Perfecționare (SNSPMP-DSB) 2011 Quality Management Systems – MMFPS-MECI 2004 Instructor (train the trainers) in PR domain / Centrul Național de Perfecționare Postuniversitară a Medicilor 2002 Project Management (CODEX-Open University Business School) 2000 Managing Customer and Clients Relations (Codex-Open University Business School) 1985-1991 UMF Tg Mures, General Medicine 1978-1982 Theoretical College Gh Șincai, LMF Baia Mare
Languages	
english	Hungarian (mother tongue), Romanian B2 medical english (licensed Profex)
german	B1
IT skills, competencies	Competency: PC 3103 MS EXCEL 97-Advanced functions/ Program Unix sistem V Office package, Proficiency in: MS Word, MS Power Point and SPSS
Driving license	A, B
International board member	Scientific board of: - European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO) - Regional representative for Eastern european region IOF (International Osteoporosis Foundation) –CNS (Committe of National Societies) - IOF/ CNS (Committee of National Societies)
Member	MTA (Hungarian Academy of Sciences) member
Awards	• Linda Edwards memorial award, Worldwide Conference of Osteoporosis Patient Societies, Istambul, 2003 • International Osteoporosis Foundation: President`s Award, Malaga ESCEO, 2016

- European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO)
- Regional representative for Eastern european region IOF (International Osteoporosis Foundation) –CNS (Committe of National Societies)
- IOF/ CNS (Committee of National Societies)
- MTA (Hungarian Academy of Sciences) corresp. member
- Linda Edwards memorial award, Worldwide Conference of Osteoporosis Patient Societies, Istambul, 2003
- International Osteoporosis Foundation: President`s Award, Malaga ESCEO, 2016

Publications

First author, articles

- Andrea I Gasparik, László Lorenzovici, Ionela M Pașcanu, Zsombor Csata, Cătălina Poiană, Ramona Dobre, Miruna M Bartelick Predictors of mortality for patients with hip fracture: a study of the nationwide 1-year records of 24,950 fractures in Romania. Archives of Osteoporosis 2023, 17;18(1):69. doi: 10.1007/s11657-023-01253-7
- Geerinck A, Demian M-B, Beaudart C, Gasparik A.-I. Validation of the Hungarian Version of the SarQoL Questionnaire and Its Association with the SARC-F Screening Tool. Journal of Frailty and Aging, 2022, 11(3), pp. 267–273
- Gasparik, A., Szőcs, T., Pascanu, I., Csata, Z., Poiana, C. Family history -bmd independently -influences fracture risk. Acta Endocrinologica, 2021, 17(4), pp. 498–502
- Gasparik AI, Demian MB, Pascanu I, Romanian Translation and Validation of the SARC-F Questionnaire, Acta Endo (Buc) 2020, 16 (2): 216-222
- Gasparik AI, Demian MB, Pascanu I et al Evaluation of the Hungarian-language SARC-F sarcopenia screening questionnaire, Orvosi Hetilap, 161 (47): 2005-2010
- Albert E, Daniel B, Paulik E, Gasparik AI, Changes in teenage attitude and smoking behaviour after the implementation of the smoke-free law in Romania, Romanian Journal of political science, 2019, 31(6):889-895
- Gabriela Mihai, Andrea Ildiko Gasparik, Ionela Maria Pascanu, Mariana Cevei, Adina Hutanu, Raluca-Monica Pop, The influence of Visfatin, RBP-4 and insulin resistance on bone mineral density in women with treated primary osteoporosis, Aging Clinical and Experimental Research, Pp1-7, 2019
- Albert-Lőrincz, E., Szabó, B., Paulik, E., Gáspárík, A.I., Do minorities smoke more? A comparison of smoking prevalence and other sociodemographic factors between ethnic Romanian and Hungarian teenagers in Romania, Journal of Romanian Literary Studies 2019 (16), 112-119
- Albert-Lőrincz, E., Dániel, B., Foley, LK., Szabó, B., Paulik, E., Gáspárík, A.I., Factors contributing to receptivity to New Clean Air law among Transylvanian teenagers, Journal of Romanian Literary Studies, 2019, 16: 106-111
- Vereckei, E., Gasparik A.I., Hodinka, L. A sarcopenia -izomfogyás -kockázatának felmérésére fejlesztett szűrő-kérdőív (sarc-F Questionnaire) hiteles magyar fordítása, Magyar Reumatológia, 2019, Vol 60 (2), P 103-107
- Hodinka Laszló, Gáspárík Andrea Ildikó, Sarcopenia and quality of life: The validated Hungarian translation of the Sarcopenia Quality of Life (SarQoL) questionnaire, HMIJ/ Orvosi Hetilap, 2018, Vol 36 (to be published in September)
- Eniko Albert-Lorincz, Edit Paulik, Bela Szabo, Kristie Foley, Andrea Ildiko Gasparik, Adolescent smoking and the social capital of local communities in three counties in Romania ", Gaceta Sanitaria, 2018



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- Gasparik Andrea Ildiko, Vass Levente, Relation of some communication parameters to patients' education, gender and age. Teaching to communicate effectively, Elsevier, Procedia - Social and behavioral sciences, 2014
- Gáspárik Andrea Ildikó, Ábrám Zoltán, Albert-Lőrincz Enikő, Ceana Daniela Edith - Particularities of communication between doctor and patient. Comparison of results of evaluation from Romania with similar data from Japan and the United States of America, Acta Medica Transilvanica, 2012 Nr 3, 163-164 /19-20
- Gáspárik Andrea Ildikó, Ábrám Zoltán, Albert-Lőrincz Enikő - Particularities of doctor-patient communication, assessed in 6 Romanian outpatient clinics, Acta Medica Marisiensis, Volume 58, 2012, 166-168

Coauthor, articles

- Lorenzovici, L., Szilberhorn, L., Farkas-Ráduly Sz., Gáspárik A.I. Precup A.M., Nagy A.Gy., Niemann, C.U., Aittokallio, T. , Kaló, Z. Systematic literature review of economic evaluations in chronic lymphocytic leukemia. BioDrug 2023, 37(2)
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- Hiligsmann, M., Cooper, C. et al, A reference case for economic evaluations in osteoarthritis: An expert consensus article from the European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO) Seminars in Arthritis and Rheumatism 44 (2014) 271–282
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- Albert Lorincz Eniko, Bernath Krisztina, Barna Gergely, Gasparik Ildiko, Paulik Edit, Szabo Bela, 2018, A kozossegi toke es a serdulokori dohanyzas osszefuggesei, In Kovacs RR Jedő Egészségünk közös ügyünk! (Sanatatea este o chestiune comuna), Editura Scientia. Cluj Napoca pp



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Abstracts

First author

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- M. M. Bartelick, I. M. Pascanu, M. Cevei, A. I. Gasparik. Effect of the covid-19 pandemic on romanian hip fracture hospital admission rates WCO Osteoarthritis and musculoskeletal diseases 2023 P1117
- Cevei, D. Stoicanescu , A. Gherle, A. Gasparik. Prevention of physical deconditioning in a case with sarcopenia, osteoporosis and obesity m. WCO Osteoarthritis and musculoskeletal diseases 2023 P920
- A. I. Gasparik , T. Szocs , M. Cevei , C. Poiana , C. S. Zsombor , S. Mihalcea, D. M. Farcas , L. D. Stoicanescu The impact of heredity on density-independent fracture risk WCO Osteoarthritis and musculoskeletal diseases 2022 P443
- Cevei , S. Stoicanescu , D. Pop , N. Avram Guler , A. Gherle , C. Cioara-Andronie, I. Gasparik A. Severe osteoporosis in a case with multiple risk factors and recent sars-cov-2 infection M. WCO Osteoarthritis and musculoskeletal diseases 2022 WCO Osteoarthritis and musculoskeletal diseases 2022 P561
- M. M. Bartelick¹ , I. M. Pascanu¹ , L. Lorenzovici² , A. Barzan² , S. Farkas² , A. I. Gasparik¹ Romanian hip fracture incidence trends 2017-2019. WCO Osteoarthritis and musculoskeletal diseases 2022 P 563



- A. I. Gasparik, B. Mester-Nagy, M. Cevei, S. Mihalcea, D. Stoicanescu, M. Farcas, Z.S. Csata. Self-directed ageism and physical performance among older adults, ESCEO 2021, Abstract book, 2021 p24
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- Gasparik A.I. Health Technology Assessment in Osteoporosis. Pain, Joints, Spine UK 2019. Vol 9 (4) p. ISSN:263 2224-1507
- A. Gasparik , M. Cevei , D. Stoicanescu, T. Szocs Family history influences fracture risk BMD independently, WCO IOF-ESCEO Abstract book, 2019 P 1067, p 631, Ocs11, p 102
- Gasparik, A. I.; Jeszenszky, C.; Vitus, N. The impact of different types of sedentary behaviors on frailty, Osteoporosis International, 2019, Vol 30 (1), P S98 Conference: IOF-Regional 7th Asia-Pacific Osteoporosis Conference Location: Sydney, AUSTRALIA
- Gasparik, A. I.; Hodinka, L. Cross-cultural adaptation of the SarQol questionnaire into Hungarian Language, Conference: WCO-IOF-ESCEO World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases Location: Krakow, POLAND, Osteoporosis International, 2019, Vol 29 (1), P S536-537
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- A. I. Gasparik. Access, utilisation and costs of health services among Romanian osteoporosis patients 1NS42, Osteoporosis International, 28, 2017, S120
- A. I. Gasparik (presenting author) Authors: G. Mihai¹ , C. Sucaliuc² , I. M. Pascanu³ , A. I. Gasparik⁴ Discriminative power of Romanian version of sarqol questionnaire: preliminary results, Florence ESCEO 2017, Osteoporosis International, 2017, Vol 28, p95, 602
- Sarcopenia and regular exercise. Does it matter? Gasparik Andrea Ildiko , Pascanu Ionela , Ceana Daniela-Edith , Mihai Gabriela, Acta Medica Marisiensis, 2017, volume 63, Supplement 4, pp 26
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- I. Gasparik, Influence of urban and rural residency on frax values, Osteoporosis International, Vol 26, 2015, C348
- Gasparik Andrea Ildikó, Albert-Lőrincz Enikő, Albert-Lőrincz Márton, Barna Grigore, Barna Katalin, Bernáth-Nagy Krisztina, Szabó Béla, Correlation between school performance and smoking prevalence, UMF Staff Conference, December 2015, UMF Tg. Mures



- Gasparik Andrea Ildiko, Albert-Lorincz Eniko, Albert-Lorincz Marton, Barna Gergo, Bernath Krisztina, Paulik Edit, Szabo Bela, Differences in prevalence of tobacco use among adolescents in Romania – a comparison between romanian and hungarian ethnic groups, VI-th National Tabacology Conference „Women`s role in limitation of smoking” Tg. Mureş, May 2015
- A.I. Gasparik, Lifestyle risk and medication issues discussed with osteoporosis patients, Osteoporosis International, Vol 25, 2014, OC abstract, p59
- Gasparik Andrea Ildiko, Farcas Dorina Maria - Correlation between age, education, and gender of osteoporotic patients and their engagement to communicate, Osteoporosis International, Vol 24, 2013, 378
- Gáspárík Andrea Ildikó, Albert Lórinicz Enikő, Ábrám Zoltán, Mihalcea Salvina, Tőkés Botond, Farcas Dorina Maria - Structure and particularities of doctor and osteoporosis-patient interaction in 3 Romanian outpatient clinics, Osteoporosis International, Volume 23, 2012, S156
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- Gasparik Andrea Ildikó, Mihalcea Salvina, Farcas Maria -How does quality of patient-physician communication affect persistence of treatment, Osteoporosis International, 2010, Vol 21, Suppl. 5, S748
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Coauthor

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- Johansson H, Poiana C, Barbu C, Pascanul, Gasparik AI., Dobre R, Harvey N, Liu E, Vandenput L , Lorentzon M, Mc Closkey E, Kanis J. Changes in hip fracture incidence in romania and implications for FRAX. WCO Osteoarthritis and musculoskeletal diseases 2022. p.316
- D. Stoicanescu , M. L. Cevei , I. Gasparik Impairment of muscle and bone mass in immobilised patients with stroke, WCO IOF-ESCEO Abstract book, P765 2019 p 470
- D. M. Farcas , F. Marc , C. Suteu , I. Gasparik , L. Sachelarie, Influence of rehabilitation therapy on evolution in patients with fibromyalgia WCO IOF-ESCEO Abstract book, 2019 P1114 P 654
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Books

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- Gáspárík Andrea Ildikó, Népegészségtan fogalmak orvostanhallgatók számára, Sănătate Publică. Noțiuni de bază pentru studenți, University Press, ISBN 978-973-169-410-8, 2015
- Gáspárík Andrea Ildiko: Health management- for medical Students, University Press, 2015-course book



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