

**CURRICULUM – 1st YEAR
2024-2025**

UNIVERSITY		GEORGE EMIL PALADE UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE, AND TECHNOLOGY OF TARGU MURES		BACHELOR STUDY PROGRAMME				PSYCHOLOGY														
FACULTY		PETRU MAIOR SCIENCES AND LETTERS		TITLE AWARDED				BACHELOR'S DEGREE IN PSYCHOLOGY														
FIELD OF STUDY		PSYCHOLOGY		DURATION OF STUDIES				3 YEARS														
LEVEL OF QUALIFICATION		GENERAL		ECTS CREDITS				180 (MANDATORY + OPTIONAL) + 10 GRADUATION EXAM														
No	Didactic activities Courses	Code/ Type of discipline	Semester 1								Semester 2								Total			
			Module I				Module II				Module III				Module IV							
			Cour se	PA/ Sem	ECTS	Type of assess.	Cou rse	PA/ Sem	ECTS	Type of assess.	Cou rse	PA/ Sem	EC TS	Type of assess.	Cou rse	PA/ Sem	ECTS	Type of assess.	Cour se	PA/ Sem	Indiv. study	ECTS
1	Introduction to Psychology I	PSI101 / DD	4	4	5	E													28	28	69	5
2	Neuropsychology	PSI102 / DD	4	4	5	E													28	28	69	5
3	Experimental Psychology	PSI103 / DD	4	4	5	E													28	28	69	5
4	Modern language 1	PSI104 / DC					-	4	2	C									-	28	22	2
5	Statistical Methods in Psychology	PSI105 / DD					4	4	5	E									28	28	69	5
6	Applied ICT in Psychology	PSI106 / DC					2	2	4	E									14	14	72	4
7	Physical Education and Sports 1	PSI107 / DC					-	2	2	A/R									-	14	36	2
8	History of Psychology	PSI108 / DD					4	2	4	C									28	14	58	4
9	Introduction to Psychology II	PSI109 / DD									4	4	5	E					28	28	83	5
10	Developmental Psychology I	PSI110 / DS									4	4	5	E					28	14	83	5
11	Elective Course 1	PSI111 / DS									2	2	3	C					14	14	47	3
12	Physical Education and Sports	PSI112 / DC									-	2	1	A/R					-	14	11	1
13	Modern Language 2	PSI113 / DC									-	2	-	-	-	2	3	C	-	28	47	3
14	Educational Psychology I	PSI114 / DS													4	2	4	E	28	14	58	4

15	Cognitive Psychology	PSI115 / DS													4	2	4	E	28	14	58	4
16	Behavioral Genetics	PSI116 / DS													4	2	3	E	28	14	33	3
17	Specialty Internship	PSI117 / DS									-	4	-	-	-	4	3	C	-	56	19	3
	GENERAL TOTAL	16 mandatory 1 elective 6 DD, 6 DS, 5 DC	12	12	15	3E	10	14	15+2	2E; 2C; 1A/R	10	14	13 +1	2E; 1C; 1A/R	12	12	17	3E, 2C	308	364	903	60+3
	TOTAL HOURS/ CREDITS	1500/60	24 hours/week; 30+2 credits								24 hours/week; 30+1 credits								672			

Elective courses:	Code/ Type of discipline	
Elective Course 1. Package 1	PSI111/DS	PSI111.1 Epigenetics applied in Psychology PSI111.2 Sociology PSI111.3 Nutrition and Psychological Well-being

**2nd YEAR
2025-2026**

UNIVERSITY	GEORGE EMIL PALADE UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE, AND TECHNOLOGY OF TARGU MURES		BACHELOR STUDY PROGRAMME								PSYCHOLOGY												
FACULTY	PETRU MAIOR SCIENCES AND LETTERS		TITLE AWARDED								BACHELOR'S DEGREE IN PSYCHOLOGY												
FIELD OF STUDY	PSYCHOLOGY		DURATION OF STUDIES								3 YEARS												
LEVEL OF QUALIFICATION	GENERAL		ECTS CREDITS								180 (MANDATORY + OPTIONAL) + 10 GRADUATION EXAM												
No	Didactic activities Courses	Code/ Type of discipline	Semester 1								Semester 2								Total				
			Module I				Module II				Module III				Module IV								
			Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	Indiv. study	ECTS	
1	Personality Psychology	PSI201 / DD	4	4	5	E														28	28	69	5
2	Optional course 1	PSI202 / DS	4	4	5	E														28	28	69	5
3	Social Psychology I	PSI203 / DD	4	4	5	C														28	28	69	5
4	Developmental Psychology II	PSI204 / DS					4	4	5	E										28	28	69	5
5	Introduction to Psychological Assessment	PSI205 / DD					4	4	5	E										28	28	69	5
6	Elective course 2	PSI206 / DC					4	4	5	C										28	28	69	5
7	Work and Personnel Psychology	PSI/207 / DS									4	2	5	E						28	14	83	5
8	Psychopathology	PSI208/ DS									4	4	5	E						28	14	83	5
9	Psychodiagnosis I	PSI209 / DS									4	4	5	C						28	28	69	5
10	Social Psychology II	PSI210 / DS													4	2	4	E		28	14	58	4
11	Elective Course 3	PSI211 / DS													4	2	4	E		28	14	58	4
12	Elective Course 4	PSI212 / DS													2	2	2	E		14	14	22	2
13	Elective Course 5	PSI213 / DC													2	2	2	C		14	14	22	2

14	Specialty internship	PSI214 / DS									-	4	-	-	-	4	3	C	-	56	19	3
	TOTAL	10 mandatory, 4 elective, 4 DD, 8 DS, 2DC	12	12	15	2E;1C	12	12	15	2E;1C	12	12	15	2E;1C	12	12	15	3E;2C	336	336	828	60
	TOTAL HOURS/CREDITS	1500/60	24 hours/week; 30 credits								24 hours/week; 30 credits								672			

Nr. Crt.	Elective courses:	Code/ Type of discipline	
1	Elective course 1** - Package 2	PSI202 / DS	PSI202.1 Atypical Development PSI202.2 Physiological Psychology
2	Elective course 2** - Package 3	PSI206 / DC	PSI206.1 Cultural Anthropology PSI206.2 Ethical issues in Psychology
3	Elective course 3** - Package 4	PSI211 / DS	PSI211.1 Legal Psychology PSI211.2 Personal Development and Psychological Optimization of Groups
4	Elective course 4** - Package 5	PSI212 / DS	PSI212.1 Mindfulness and Relaxation Techniques PSI212.2 Family Psychology
5	Elective course 5** - Package 6	PSI213 / DC	PSI213.1 Ethics and Academic Integrity PSI213.2 Project Management PSI213.3 Academic Skills

NON-MANDATORY COURSES

2nd YEAR

Nr crt	Didactic activities Courses	Code/ Type of discipline	Semester 1								Semester 2								Total			
			Module I				Module II				Module III				Module IV							
			Course	PA/Sem	ECTS	Type of assess	PA/Sem	Indiv. study	ECTS	Type of assess	Course	PA/Sem	ECTS	Type of assess	Course	PA/Sem	ECTS	Type of assess	Course	PA/Sem	Individual activity	ECTS
1.	Volunteering		2	2	3	C												14	14	47	3	
2.	Entrepreneurial skills													4	2	5	E	24	12	89	5	
TOTAL GENERAL			2	2	3	1C								4	2	5	1E	38	26	136	8	
TOTAL HOURS/ CREDITS			2 hours/week; 3 credite								3 hours/week; 5 credite								64			



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3rd YEAR
2026-2027

UNIVERSITY	GEORGE EMIL PALADE UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE, AND TECHNOLOGY OF TARGU MURES	BACHELOR STUDY PROGRAMME	PSYCHOLOGY
FACULTY	PETRU MAIOR SCIENCES AND LETTERS	TITLE AWARDED	BACHELOR'S DEGREE IN PSYCHOLOGY
FIELD OF STUDY	PSYCHOLOGY	DURATION OF STUDIES	3 YEARS
LEVEL OF QUALIFICATION	GENERAL	ECTS CREDITS	180 (MANDATORY + OPTIONAL) + 10 GRADUATION EXAM

Nr crt	Didactic activities Courses	Code/ Type of discipline	Semester 1								Semester 2								Total			
			Module I				Module II				Module III				Module IV							
			Cou rse	PA/Se m	ECT S	Type of asses. .	Cou rse	PA/S em	ECT S	Type of asses s.	Cou rse	PA/Se m	ECTS	Verifi catio n type	Cou rse	PA/Se m	ECTS	Type of asses. .	Cou rse	PA/Sem	Indivi dual study	ECTS
1	Introduction to Psychotherapy	PSI301 / DS	4	2	5	E												28	14	83	5	
2	Clinical and Medical Psychology	PSI302 / DS	4	4	4	E												28	28	44	4	
3	Research Methods in Psychology	PSI303 / DD	2	2	3	E												14	14	47	3	
4	Elective Course 1	PSI304 / DS	2	2	2	C												14	-	36	2	
	Specialty internship	PSI305 / DS	-	4	-	-	-	4	3	C								-	56	19	3	
5	Organizational Psychology	PSI305 / DS					4	2	4	E								28	14	58	4	
6	Psychodiagnosis II	PSI306 / DS					4	4	5	E								28	28	69	5	
7	Elective Course 2	PSI307 / DS					4	2	4	C								28	14	58	4	
8	Data Analysis in Psychology	PSI308 / DD									4	4	5	E				28	28	69	5	
9	Career Education and Counseling	PSI309 / DS									4	2	5	E				28	14	83	5	
10	Elective Course 3	PSI310 / DS									4	2	4	C				28	14	58	4	
11	Psychology of Leadership	PSI311 / DS													4	4	5	E	28	28	69	5



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12	Elective Course 4	PSI312 / DS													4	2	4	C	28	14	58	4	
13	Elective Course 5	PSI313 / DS													4	2	4	C	28	14	58	4	
14	Bachelor's Thesis Practical Work	PSI314 / DS								-	4	-	-	-	4	3	C	-	56	19	3		
	GENERAL TOTAL	7 mandatory, 6 elective, 4 DF, 7 DS, 2 DC	12	12	14	3E; 1C	12	12	16	2E; 1C	12	12	14	2E; 1C	12	12	16	1E; 3C	336	336	828	60	
	TOTAL HOURS/ CREDITS	1500/60	24 hours/week; 30 credits									24 hours/week; 30 credits									672		
N r. Cr t.	Elective courses:										Code/ Type of discipline												
1	Elective Course 1** - Package 7										PSI304 / DS		PSI304.1 Psychology of Creativity PSI304.2 Cognitive and Clinical Neuroscience										
2	Elective Course 2** - Package 8										PSI307 / DS		PSI307.1 Psychoanalysis PSI307.2 Intercultural Perspectives in Psychology										
3	Elective Course 3** - Package 9										PSI310 / DS		PSI310.1 Political Psychology PSI311.2 Psychiatry										
4	Elective Course 4**- Package 10										PSI312 / DS		Psi312.1 Cognitive-Behavioural Techniques PSI312.2 Understanding the Biological Mechanism of Neuropsychological Diseases. PSI312.3 Supportive Counseling in Psycho-Oncology										
5	Elective Course 5**- Package 11										PSI313 / DS		PSI313.1 Psychological Aspects of Pain Management PSI313.2 The Process-Based Psychotherapy Approach to Pain Management										



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NON-MANDATORY COURSES

3rd YEAR

Nr crt	Didactic activities Courses	Code/ Type of discipline	Semester 1								Semester 2								Total			
			Module I				Module II				Module III				Module IV							
			Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	ECTS	Type of assess.	Course	PA/Sem	Individual activity	ECTS
1.	Volunteering		4	4	4	C												14	14	47	3	
2.	Career Guidance and Counseling													4	2	3	E	24	12	89	5	
TOTAL			4	4	4	1C								4	2	3	1e	38	26	136	8	
TOTAL HOURS/ CREDITS			4 hours/week; credits								3 hours/week; credits								64			



Annex 1

Elective Courses Packages

1st Year

Elective Package 1

Epigenetics applied in Psychology
Sociology
Nutrition and Psychological Well-Being

2nd Year

Elective Package 2

Atypical Development
Physiological Psychology

Elective Package 3

Cultural Anthropolgy
Ethical issues in Psychology

Elective Package 4

Legal Psychology
Personal Development and Psychological Organization of Groups

Elective Package 5

Mindfulness and Relaxation Techniques
Family Psychology

Elective Package 6

Ethics and Academic Integrity
Project Management
Academic Skills

3rd Year

Elective Package 7

Psychology of Creativity
Cognitive and Clinical Neuroscience

Elective Package 8

Psychoanalysis
Intercultural Perspectives in Psychology



Elective Package 9

Political Psychology
Psychiatry

Elective Package 10

Cognitive-Behavioural Techniques
Understanding the Biological Mechanism of Neuropsychological Diseases (in English)
Supportive Counseling in Psycho-Oncology

Elective Package 11

Psychological Aspects of Pain Management
The Process-Based Therapy Approach to Pain Management