UNIVERSITATEA DE MEDICINĂ, FARMACIE, ȘTIINȚE ȘI TEHNOLOGIE „GEORGE EMIL PALADE" DIN TÂRGU MUREȘ

BRAIN British-Romanian Academic Institute of Neuroscience

ACADEMIA DE ȘTIINȚE MEDICALE *Experientia docet*

SNR

TOWARD PRECISION MEDICINE IN MULTIPLE SCLEROSIS 2026

COMPLEX MANAGEMENT STRATEGIES IN MS: AGE AND SEX MATTERS

5 - 7 NOIEMBRIE 2026

PROGRAM

Location: George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures, Faculty of Pharmacy – Auditorium Hall

Day 1: Age matters in MS management (5th November 2026)

08:00 – 09:00	**Registration**
09:00 – 09:30	**Welcome Note** Rodica Bălașa, Leonard Azamfirei, Cristina Tiu
	SESSION 1 **Moderators:** Ayşe Altıntaş, Aysun Ünal
09:30 – 10:00	**Celia Oreja Guevara** MS Across the Lifespan: Age as a Determinant of Disease
10:00 – 10:30	**Emilio Portaccio** Cognition Across the MS Continuum
10:30 – 11:00	**Melinda Magyari** Older MS Population: Late-Onset Disease and Real-World Outcomes
11:00 – 11:30	**Dimos D. Mitsikostas** (BMS symposium) Ozanimod in Clinical Practice: Turning Clinical Experience into Better Outcomes for Patients with RRMS
	Discussions
11:30 – 11:50	*Coffee Break*
	SESSION 2 **Moderators:** Mihaela Simu, Cristina Panea
11:50 – 12:10	**Irene Davidescu** Insights Regarding Transition in MS from Pediatric Neurology to Adult Care
12:10 – 12:30	**Adriana Dulămea** MS in Elderly: Diagnostic Challenges, Comorbidities and the Pitfalls of Differential Diagnosis
12:30 – 12:50	**Cristina Tiu, Cătalina Anghel, Iulian Enache, Elena Terecoasă** Getting Older with MS vs Getting MS When You are Older: Real-Life Data from a Large MS Center
12:50 – 13:10	**Rodica Bălașa** (Merck Symposium) Cladribine in MS: A Nationwide Real-World Cohort Study
13:10 – 13:30	**Mihaela Lungu** Alopecia Associated with Disease- Modifying Therapies in Multiple Sclerosis: Mechanisms, Clinical Impact, Diagnosis and Management
	Discussions
13:30 – 14:30	*Lunch*
	SPECIAL SESSION **Moderators:** Rodica Bălașa, Corina Roman
14:30 – 15:00	**Cristina Tiu** (Roche Symposium) Ocrelizumab: from clinical trials to clinical practice
15:00 – 15:30	**Daniela Anghel, Simona Petrescu** Anti-obesity treatment management for young MS patients
15:30 – 15:50	**Vlad Tiu** Assessment of Serum Biomarkers in Relation to Age in Multiple Sclerosis
15:50 – 16:10	**Bogdan Ignat** Secondary progressive MS – is it always too late for HEDs?
16:10 – 16:30	**Vitalie Văcăraș** Artificial Intelligence in the diagnosis of MS
	Discussions
	Welcome Dinner

Day 2: Gender matters in MS (6th November 2026)

SESSION 1

Moderators: Cristina Tiu, Irene Davidescu

09:30 –10:00	**Ayşe Altıntaş** Pregnancy impact on MS activity
10:00 – 10:30	**Jelena Drulovic** Menopause and MS progression
10:30 – 11:00	**Katarina Fink** Current trends in MS management during menopause
11:00 – 11:20	**Aysun Ünal** Employment and vulnerability in women with MS
	Discussions
11:20 – 11:40	*Coffee Break*

SESSION 2

Moderators: Rodica Bălașa, Adriana Dulamea

11:40 – 12:00	**Cristina Panea** Menopause in women with MS: what we should know, what we can do
12:00 – 12:20	**Simona Petrescu** Pregnancy and Family Planning in a Romanian Multicentre Cohort of MS Patients
12:20 – 12:40	**Mihaela Simu** The Male Paradox in MS: Particularities in Pathogenesis and Clinical Evolution
12:40 – 13:00	**Corina Roman** MS in Men: Prognosis and Therapeutic Approaches
13:00 – 13:20	**Smaranda Maier** (Johnson&Johnson Symposium) Bridging the Gap: Clinical Trials and Real-World Evidence in MS: From Controlled Studies to Everyday Clinical Outcomes
	Discussions
13:20 – 14:20	*Lunch Break*

SPECIAL SESSION

Moderators: Bogdan Ignat, Vlad Tiu

14:20 – 14:50	**Cristina Tiu** (AstraZeneca Symposium) Complement System and the Impact of C5 Inhibition in NMOSD and gMG
14:50 – 15:10	**Elena Terecoasă, Larisa Purcaru, Ada Mușuroiu, Cristina Tiu** Why is PIRA more Common in Men? Sex Specific Mechanisms of Smouldering Neuroinflammation
15:10 – 15:30	**Rodica Bălașa** Everyone Has the Epstein-Barr virus, not Everyone has MS: Sex and Age Considerations
15:30 – 15:50	**Victor Constantinescu** Sex Differences in Autonomic Dysregulation Patterns in MS
15:50 – 16:10	**Irina Lata** MS and Autoimmune Comorbidities: Management Challenges
16:10 – 16:30	**Smaranda Maier** Headache and Facial Pain in MS
16:30 – 17:00	**BOOK RELEASE** **Cristina Tiu** Multiple Sclerosis Patient Journey | **Rodica Bălașa** Romanian MS National Guideline
	Dinner

	Day 3: Practical management of multiple sclerosis (7th November 2026)
	WORKSHOP
	Moderators: Katarina Fink, Cristina Tiu
09:00 – 09:40	**Kerstin Hellwig** Family Planning and MS - Counselling Women in the Era of Highly Active DMT: Presentation of ECTRIMS Guidelines
09:40 – 10:00	**Laura Bărcuțean** Glymphatic Function in MS: Sex Differences and Disability Progression
10:00 – 10:20	**Andreea Pleșa, Carmen Adella Sîrbu** Gene-Environment Interactions in Multiple Sclerosis: Insights from a Preliminary Study
10:20 – 10:40	**Oana Vrinceanu** When Sex and Age speak: EV-miRNA Signatures in Siponimod-treated SPMS
	Discussions
10:40 – 11:00	*Coffee Break*
	Moderators: Elena Terecoasa, Smaranda Maier
11:00 – 11:30	**Laura Bărcuțean** (Novartis Symposium) KESIMPTA Treatment in Patients with Relapsing Multiple Sclerosis: From Clinical Trials to Clinical Practice
11:30 – 12:30	**Faculty for interactive session** Challenging Clinical Cases for CNS Demyelinating Diseases Case presentation from: SUUB (Dr. Iulian Enache), ELIAS (Dr. Roxana Urdea), SCJU Cluj (Dr. Petruț David), SCJU Tg. Mureș (Dr. Mihai Dumitreasă).
	Discussions
12:30	**CLOSING CEREMONY**

Notes

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